



## Audubon Camp in Maine Packing List



**Provided:** Bedding (sheets, pillow, bedspread, wool blanket), towel and washcloth  
**Bolded items** are highly recommended

### Clothing

- Jeans, slacks, and/or shorts
- Parka or lightweight jacket
- Sweater, sweatshirt or fleece
- Bathing suit (good for July and August sessions – water is quite cold in June!)
- Robe, sweats, or other clothes to wear to a shared bathroom
- Shirts: long- and short-sleeved; dressing in layers recommended
- Raincoat or poncho with rain hat/hood** (this is essential for the various boat trips; have it on hand when you arrive as you may need it on the boat ride to the island)
- Sturdy rainpants
- Comfortable walking shoes/hiking boots, waterproof boots are ideal
- Old sneakers or aquatic booties, Texas or Keen-style **watershoes for landing on islands**
- Extra socks (warm ones), undergarments
- Sun hat or hat with brim
- Warm, wool or stocking cap (recommended for June and Sept. sessions)
- Long underwear (June and September sessions)

### Equipment

- Binoculars** (highly recommended for birding sessions). You may also wish to bring a spotting scope if you have one. The staff will carry one or two on appropriate field trips and hikes.
- Field guide to birds (some available in camp store)
- Camera and accessories
- Water bottle** or canteen
- Daypack**
- Flashlight or headlamp** & extra batteries (for walking to your cabin after dark)
- Sleeping bag for cool weather sessions (optional, extra wool blankets available)
- Alarm clock
- Mug and/or drinking cup for use on boat trips and for coffee or tea in dining room
- Small notebook and pen/pencil, journal
- Zip-lock plastic bags to protect notes and field guides in wet weather

### Personal

- Sunglasses
- Sun lotion or sunscreen, lip balm (SPF 30 or higher)
- Insect repellent (non-aerosol)
- Medications** (include motion sickness medication for boat trips, if needed)
- Shampoo, soap, toothbrush, toothpaste and personal toiletries
- Soap for hand washing clothes (no laundry facilities available)
- Snacks (snacks are provided, but if you have favorites bring them, as the camp store does not sell food)