



## Audubon Camp in Maine

# General Information

### Accommodations

The Audubon Camp in Maine is located at the Todd Wildlife Sanctuary in the town of Bremen, about 60 miles north of Portland. The camp facilities are on Hog Island, which is located about one-quarter mile offshore from the mainland preserve in Muscongus Bay. Housing is in several rustic wood-framed buildings with shared bath and shower facilities. All buildings have electric and hot running water.

### Meals

We provide a hearty well-balanced menu, served family-style, with ample variety to satisfy a wide array of tastes and diets. We are almost always able to accommodate restricted diets (vegetarian, gluten-free, etc). Please explain your diet restrictions on the medical form or provide a supplemental letter for the registrar. Hot tea, coffee and hot chocolate are available, as well as snacks between meals. There is no food available for purchase on the island, so if you have special snacks that you enjoy you may want to bring them.

### Arrival

The greeting time for all camp sessions is from **2:00 - 4:00 pm** on the first day of the session. The shuttling boat will run continuously from our mainland dock to the island between this time. There will be no boat transportation to the island prior to this time. There are hiking trails on the mainland if you arrive early. **If for any reason you are detained en route, please telephone the camp office at (207) 529-5148.** *Note: For teen week, please see the enclosed travel form for camp van details from the airport.*

### Alcohol

Guests may choose to bring alcohol, but there is no alcohol for sale on Hog Island. Please note that meals are served family style, so if alcohol is brought to the table you may want to be prepared to share!

### Clothing

Dress is always casual. Layering and flexibility in clothing are the general rule for comfort. The weather varies tremendously so please be prepared. There are no laundry facilities on the island so bring sufficient clothing to last the session.

### Linens

The camp furnishes sheets, blankets, a pillow, pillowcase, washcloth and towel. A sleeping bag is recommended for those attending early June and September sessions as nighttime temperatures can be in the 50's on the island. Extra blankets will also be available.

### Weather

The weather on the Maine coast can be unpredictable. The average temperature is 65 to 75 degrees during the day and 50 to 60 degrees at night. It is generally 5 to 10 degrees cooler on the water than on the land. The seawater temperature in Maine averages a chilly 60 degrees even on mid-summer days.

### Medical Care

In case of severe illness or injury, you will be transported, at your expense, to Damariscotta, where medical services are available at Miles Health Care (207-563-1234). **Please complete and return the medical form and be sure to bring all necessary medications with you.**

### **Telephone and Internet**

Land line telephone services are not available on Hog Island and cellular phone reception is inconsistent. Participants will be asked to restrict the use of cell phones to prevent interference with the camp program. Our phone number for messages and emergencies is: (207) 529-5148. Messages received on this line are collected daily and provided to participants. Wireless internet is available throughout most of the Hog Island facilities.

### **Electronics and Camp Atmosphere**

To provide quiet for those who share your lodging, we request that you not bring radios, video games, and CD players. Of course devices that enhance your birding experience are the exception, but even these should have an option for listening with earphones.

### **Mail**

Mail is delivered to the camp daily and should be addressed to: **Audubon Camp in Maine, 12 Audubon Road, Bremen, Maine 04551.**

### **Camp Store**

The camp store is a great place to shop for gifts or to find a book for your library. Field guides, other natural history books, post cards, and gift items are for sale. We accept cash, personal checks and major credit cards (Mastercard and Visa only).

### **Baggage**

Please limit and consolidate your luggage so that it can be transferred easily to and from our boats. Because your bags will need to be carried, on and off of boats and up sometimes steep docks, we suggest two small bags instead of one huge bag. Bags with wheels are helpful.

### **Miscellaneous**

Smoking is not permitted in any building or during any group sessions. You may smoke below the high tide line along the shore. Your cooperation will be greatly appreciated. We cannot accommodate pets.

### **Travel Information**

There are many ways to travel to the camp dock. Included in this packet is a sheet of printed driving directions and public transportation information for those arriving by plane, bus, train or limo to/from the Portland airport. Additional travel information is available on the website at <http://hogisland.audubon.org/visit/getting-camp>.

### **Departure**

After breakfast, all campers will be transported off the island after breakfast on the last day of the session. Those traveling by air, rail or bus will be taken to the mainland by 8:00 A.M. where a camp van will provide transportation to Damariscotta in time to meet the morning pickup by the Mid-Coast Limousine or the Concord Trailways Bus. Driving time from camp to Damariscotta is ½ hour and travel to Portland requires another 1 ½ hours (longer in summer traffic). Check with your limo driver or bus schedule before scheduling departure flights from Portland. We recommend scheduling a flight to arrive before noon on the first day and after noon on the last.

### **Nearby Lodging, Food and Points of Interest**

If you would like to spend time, before or after your camp session, exploring this part of the country, you should make reservations well in advance as lodging in the area is limited. We can recommend the following facilities:

**Damariscotta/Newcastle**

The Topsy Butler (207) 563-3394  
The Oak Gables (207) 563-1476  
New Castle Inn (207) 563-5685

**Pemaquid/New Harbor**

The Bradley Inn (800) 942-5560  
The Gosnold Arms (207) 677-3727  
Hotel Pemaquid (207) 677-2312

**Rockland**

Berrymanor Inn (800) 774-5692  
Hampton Inn (207) 594-6644

**Dining**

There are several dining facilities in the Damariscotta area including: Salt Bay Café, River Grill, King Eider's Pub, Newcastle Pub, Savory Maine, and the Schooner Landing. All are located in and near the heart of Damariscotta.

**Finding things to do in the area**

From shopping the outlets in Freeport to photographing lighthouses, there is no shortage of things to do along the way to camp. Damariscotta is the town closest to Hog Island, but you may also want to check out nearby Boothbay Harbor or Rockland. The beautiful Pemaquid Point lighthouse is about a 20 minute drive from camp, and Acadia National Park is located a couple hours north. The local information bureaus are a great source for further information about the areas. Make sure to schedule extra time during the weekends of summer, as traffic congestion can excessively slow travel times.

**Damariscotta/Newcastle/Pemaquid:**

Damariscotta Region Information Bureau (207) 563-8340;  
15 Courtyard Street, Damariscotta, ME 04543  
[www.damariscottaregion.com](http://www.damariscottaregion.com) .

**Rockland:**

Penobscot Bay Regional Chamber of Commerce (207)596-0376  
1 Park Dr. Rockland, ME 04841

Project Puffin Visitor Center 207-596-5566  
311 Main Street, Rockland, ME 04551

For more information on lodging, directions, nearby attractions and other frequently asked questions, visit our website at <http://hogisland.audubon.org>