

# **COSTA RICA**

Costa Rica Teen Camp with Hog Island & the ABA Selva Verde & Arenal July 30 - August 5, 2021



Spend a week with Hog Island Audubon & ABA youth leaders in Costa Rica, birding, observing local scientists at work, and exploring careers in ornithology. On this intensive 7-day, 6-night program, you'll experience the amazing birds this small but diverse country has to offer! The enthusiastic young birders on this trip will work alongside some of the country's best-known birders and ornithologists on field identification, bird ecology, and conservation science activities. A balance of rich educational content and adventure activities make this an unforgettable overseas expedition for our Hog Island family!

# PROGRAM HIGHLIGHTS

- See firsthand how sustainable development positively affects local communities and habitats.
- Compare bird life in different land use areas, such as primary vs. secondary rainforest or traditional vs. organic agricultural areas.
- Meet and observe conservation scientists at work, and enjoy hands-on exploration of career opportunities in conservation science.
- Think about and discuss future careers in ornithology.
- Participate in a reforestation effort to help support the Mesoamerican Biological Corridor.

# WHAT'S INCLUDED?

- Flights from Miami
- Bilingual naturalist guide
- Accommodations
- Activities & entrance fees
- In-country transportation
- Meals & beverages
- Most tips/gratuities



Keel-billed Toucan (Ramphastos sulfuratus) by Joaquin Garcia

holbrook.travel/hogisland-cr21

# ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

#### JULY 30 - MIAMI

Individual arrivals in Miami. Leaders will meet and make way to hotel. Dinner together as a group. *Overnight at Comfort Suites. (D)* 

#### JULY 31 - SARAPIQUÍ

Early flight to Costa Rica as a group. Depart for the Sarapiquí region and Selva Verde Lodge, with orientation en route. Make a stop at La Paz Waterfall Gardens, located in the cloud forest near Poás Volcano. More than two dozen hummingbird species have been recorded at the garden's feeders. Also observe one of the largest butterfly observatories in the world, bromeliad gardens, and striking waterfalls. Enjoy lunch on the premises. Check into Selva Verde Lodge and receive a warm welcome, learn about its history, and surroundings. This evening after dinner take a guided walk around the lodge in search of nocturnal creatures including frogs, bats, kinkajous and hundreds of species of insects. *Overnight at Selva Verde Lodge. (LD)* 

### AUGUST 1 - SARAPIQUÍ

After breakfast take a guided hike in the private rainforest reserve of Selva Verde. This large tract of primary and secondary premontane wet forest is teeming with species such as the Great Tinamou, Gartered Trogon, Keelbilled Toucan, Rufous-tailed Hummingbird, and Red-lored Parrot. Study the forest as the guide discusses the complex details of the ecosystem and how life in the rainforest thrives. This afternoon depart for the town of Puerto Viejo and board a river boat for a cruise on the Sarapiquí River. This fairly large tropical river is bordered by tropical riparian forest. We will have a chance to see a variety of reptiles, mammals, and many bird species such as Tiger Herons, Olivaceous Cormorants, Anhingas, Ringed and Amazonian Kingfishers. Evening lecture on the Mesoamerican Biological Corridor. *Overnight at Selva Verde Lodge. (BLD)* 

#### AUGUST 2 - SARAPIQUÍ

Early departure for the Organization for Tropical Studies La Selva Biological Station (OTS), one of the world's leading institutions in tropical education and research. Receive a talk by a researcher at OTS and then hike along the trails in search of the Coati, Collared peccary, mantled howler monkey, agouti, three-toed sloth, Ornate Hawk-Eagle, Crested Guan, Great Tinamou, Pied Puffbird and Spectacled Owl. Return to the lodge for lunch. This afternoon participate in a reforestation project at a nearby farm. Planting native tree species allows the local people to benefit from rainforest conservation through sustainable wood production and habitat protection for wildlife, including the critically endangered Great Green Macaw. Travel to Tirimbina this evening to learn about the fascinating lives of bats. *Overnight at Selva Verde Lodge. (BLD)* 

#### AUGUST 3 - ARENAL

Depart Selva Verde and head to Arenal. Make stops for birding along the way at various interesting locations, as well as lunch. Continue on to the picturesque town of La Fortuna, situated in the shadow of Arenal Volcano. *Overnight at Arenal Observatory. (BLD)* 

#### AUGUST 4 - ARENAL

This morning explore the area surrounding Arenal Road and Lake Arenal, near Mirador Road. Return to the lodge for a short walk around the grounds before lunch. In the afternoon, explore Bogarin Nature Reserve in La Fortuna to spot Russet-naped Wood-Rails, White-throated Crakes, and Uniform Crake. *Overnight at Arenal Observatory. (BLD)* 

#### AUGUST 5 - FAREWELL!

Early departure for the airport for the flight home. Holbrook can assist with round trip flights to Miami. (B)



## HOG ISLAND INSTRUCTOR

**Eva Matthews Lark** is the Program Manager of Hog Island Audubon Camp and the director of the Mountains to Sea Birding for Teens program. Eva has over 16 years of experience teaching environmental education and has led birding trips for the past decade.



## **ABA INSTRUCTOR**

**Liz Deluna Gordon** has been a birder for 32 years, sparked by the Plain Chachalacas in the Lower Rio Grande Valley of Texas. Her goal in life is to introduce as many people as possible to the idea that birds and bird habitat are worth caring for and protecting.

She co-founded the Rio Grande Valley Birding Festival and today is instrumental in managing the American Birding Association as the Travel and Events Coordinator. With husband Jeff Gordon, she is keeping her goals alive; a passion for birds and their habitats, birding, and the birding community drives her every day. Her favorite birding is birding in the tropics.

## PROGRAM PRICING

## \$2,235 (per person from Miami)

Includes accommodations, meals, activities, transportation, entrance fees, full-time guide, most tips/gratuities, donation to Hog Island Audubon, and round-trip airfare from Miami to San José, Costa Rica. If desired, Holbrook can assist with flights between your home city and Miami.

Does not include gratuities for guide and driver or items of a personal nature.

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# TRAVEL **PROTECTION**

Holbrook Travel purchases Travel Protection on behalf of all participants. These plans help provide coverage once the trip has departed and offer benefits for Baggage/Personal Effects, Accident & Sickness Medical Expenses, Emergency Evacuation and more. Visit holbrooktravel.com/travelprotection for more details.

Optional additional coverage is available in the form of the Group Deluxe Plan, which offers benefits for Trip Cancellation/ Interruption, in addition to many other insurance benefits and non-insurance assistance services. If interested in this optional plan, we can provide you with rates and plan details.

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## THE FINE PRINT

Cost is based on 10-13 students in triple/quad occupancy; with 14 students price will be \$2,220 per person, with 16 students price will be \$2,135. For a double room throughout the trip, add \$100 per person; for a single room, add \$325 per person. A \$200 per person deposit and enrollment form are required to reserve your space on the trip. This deposit is refundable minus a \$100 cancellation fee until April 26, 2021, at which time final non-refundable payment is due.

## FOR MORE INFORMATION OR TO ENROLL

Visit holbrook.travel/hogisland-cr21 or contact Lisa Palmese-Graubard at lisa@holbrooktravel.com or 800-451-7111 x339.