

# Arts and Birding

## Sample Program Sessions

Here are a few of the program sessions you can expect during your week on Hog Island. All sessions are optional, so that you can explore at your own pace when you like.



- **Into the Field**  
Learn how to lighten your art supply load and get ready for sketching in the field. We'll practice quick sketching techniques that you can use when you are sketching on the go.
- **Draw a Better Bird**  
Look closely key features of bird anatomy and practice drawing some of the details to make your bird sketching take flight.
- **Watercolor Basics**  
This introductory session will focus on basic techniques, including washes, glazing, and mixing colors.
- **Eggs and Nests**  
Learn to accurately paint bird eggs and try your hand a capturing a nest with ink and watercolor.
- **Exploring Life Between the Tides**  
We'll explore the fascinating world of the "intertidal zone" and the creatures that are especially adapted to live "between the tides." We'll collect samples, learn the basics of field identification, and sketch our findings.
- **Hog Island Hikes**  
Working in the field presents both joys and challenges. We'll explore a variety of island settings and offer prompts for sketching/painting.
- **Egg Rock Day Trip**  
Get ready for an exciting day on the water! We'll watch for Maine seabirds, including puffins, terns, guillemots, and gulls. The boat will circle Eastern Egg Rock island, home to a restored nesting colony of puffins.
- **Daily Salon**  
Share your day's work and discover what others have been creating during our relaxed and supportive salons.
- **Creative Solo**  
Hog Island is your canvas— take time as you like for drawing, painting, and exploring. Instructors will be available for 1:1 help if you'd like.